

Yogi Bendi STORIES

YOGA FLOW STORY EN ANGLAIS POUR ENFANTS

AVENTURES DE YOGI BENDI EN ANGLAIS POUR APPRENDRE L'ANGLAIS
AVEC YOGA FLOW DE POSES POUR ENFANTS.



HELLO BOUDIBOUDA
YOGA POUR ENFANTS EN ANGLAIS YOGA-CARO.COM

A close-up photograph of a red string figure, resembling a stylized star or a small creature, resting on a thick layer of white snow. In the background, several green leaves, possibly from a plant like a tulip, are visible, partially covered in snow. The scene is brightly lit, suggesting a sunny day.

YOGI BENDI LOVES THE SNOW

CAROLINE BIDAULT

GOOD MORNING !

**THIS MORNING YOGI BENDI
WAKES UP AND FINDS THE
SNOW IN HIS GARDEN.
HE RUSHES OUTSIDE AND SITS
IN THE SNOW .**

**HE CLOSES HIS EYES AND
TAKES SEVERAL DEEP BREATH.**

**AAHHHHH
THIS IS GOOD**



THEN HE TAKES A SHORT WALK
TO GO ADMIRE THE SEA AND THE
BOATS.

HE IS LUCKY BECAUSE THE SEA IS
NOT FAR FROM HOME
OHHHH
AHHHHH
DEEP BREATH AGAIN.

AND THEN HE STARTS DOING
YOGA.

LOOK HE IS DOING DOWNWARD
DOG !

CAN YOU DO IT?



THEN HE WALKS A LITTLE BIT
AGAIN BECAUSE HE ENJOYS THE
SEE.

LOOK!
IT'S BEAUTIFUL
WOW



OHHH LOOK
THE SNOW IS ON THE TREES !



THEN HE DECIDES TO PERFORM THE
DANCER IN THE SNOW.

IT IS VERY ENJOYABLE BECAUSE WE
CAN SEE THE SNOW AND ST MALO.

CAN YOU DO THE DANCER POSE?

NOW YOU ARE A DANCER IN THE
SNOW !

IT FEELS GOOD!



AFTER A WHILE HE IS A LITTLE
BIT TIRED AND DECIDES TO SIT
QUIETLY JUST TO FEEL THE
SNOW AND THE AIR.



HE SEES A BENCH AND TRIES A
SPLIT BUT IT IS A BIT
DIFFICULT
SO





HE DECIDES TO OPEN HIS HEART
AND DO THE CAMEL POSE.

OHHH THIS IS GOOD TO FEEL
YOU HEART OPENING...

TRY IT!



THEN HE SITS AGAIN
VERY HAPPY OF HIS ADVENTURE.

NAMASTE.



YOGI BENDI LOVES YOGA
AND THE SNOW.



CAROLINE BIDAULT